

PART 1: PRAYER

SCRIPTURE:

PRIMARY TEXT:

Matthew 6:5-15

SUPPLEMENTAL TEXT:

1 Thessalonians 5:16-18

PART 2: FASTING

SCRIPTURE:

PRIMARY TEXT:

Matthew 6:16-18

SUPPLEMENTAL TEXT:

Jeremiah 29:13, Zechariah 7, Matthew 4:1-11, Romans 8:6

RESOURCES

[🔗 21 Days of Prayer Website](#)

[🔗 7 Marks Prayer and Fasting Guide](#)