

SCRIPTURE: MATTHEW 5:5

1) Read Matthew 5:5. What is the first thought that comes to mind when you hear the word meek? How is meekness viewed by most people? .

2) The word for meekness is also translated as "gentle" (Matthew 11:29), and "humble" (Matthew 21:5). We might even define meekness as a gentle and humble posture toward other people, being selfless. In what circumstances do you find it difficult to show meekness toward others? Why is it difficult to deal meekly with people sometimes?

3) Jesus said, "Take my yoke upon you, and learn from me, for I am gentle (meek) and lowly in heart, and you will find rest for your souls" (Matthew 11:29, ESV). If Jesus described Himself as meek, how important is the role of meekness in the life of the believer? How have you experienced meekness from other believers?

4) Consider the promise "they shall inherit the earth." Jesus is pointing those who follow Him to their eternal reward (a new heaven and a new earth!). How can this assurance grow us into more and more meekness?

SCRIPTURE

Write which passage of scripture you are reading.

OBSERVATION

What is this text saying? What is the context? How does it fit with the verses before and after it? Are there any commands or instructions?

APPLICATION

How can you apply this verse to your life? What does this mean today? What is God saying to you?

PRAYER

Respond to the passage in prayer. Ask God to help you apply this truth to your life and spend some time listening to what He may be telling you.
